

Sunday, August 5, 2012

Registration

\$26 Individual Entry. Limited entries. Pre-registration is required. A race packet including course map, directions, and athlete start sequence will be sent July 5. No refunds after June 30.

- **Mail:** Send form with payment to Oswegoland Park District, 313 E. Washington St., Oswego, IL 60543.
- **In Person:** Drop entry at Oswegoland Park District offices. For location information visit www.oswegolandparkdistrict.org
- **Fax:** 630.554.1577 with credit card
- **Online:** www.oswegolandparkdistrict.org

Check In

The race will begin, end, and all transitions will be at the Oswegoland Park District Civic Center, 5 Ashlawn Avenue, Montgomery. Check in time is 6:30 - 7:00 a.m.

Distances

250 yard swim, 6.5 mile bike ride, 2.1 mile run timed by RACETIME. Split times provided.

Awards

Trophies are given to overall first place male, female and team, and the first, second, and third place male and female in the following age groups: 13 and under, 14-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+

T-Shirts

Please be aware when selecting size that these high tech shirts are gender specific. Women's sizes are small and fitted.

For More Information on the event, email Kristie Vest at kvest@oswegolandpd.org or call 630.554.4425.

We require the use of a bicycle helmet. The race will take place on the residential streets of Boulder Hill. Use caution at all intersections and obey all traffic laws. **The roads will NOT be closed from automobile traffic.**

I Tried A Triathlon

Participant Fee \$26 (#29413)

Estimated time to swim 10 lengths/5 laps of 25 yd. pool.

Swimmers will enter the snake pattern swim every 30 seconds.

- | | | |
|--|------------------------------------|---|
| <input type="checkbox"/> Under 4 minutes | <input type="checkbox"/> 6 minutes | <input type="checkbox"/> 8 minutes |
| <input type="checkbox"/> 4 minutes | <input type="checkbox"/> 7 minutes | <input type="checkbox"/> 9 minutes |
| <input type="checkbox"/> 5 minutes | | <input type="checkbox"/> 9 minutes plus |

Name _____

Address _____

City _____ State _____ Zip _____

Phone # _____

Request to enter swim with. (provided swim times are equal)

M F Birthdate ____/____/____

(circle one) Age As of 8/5/12 _____

Shirt size: YM YL S M L XL XXL

(indicate one)

VISA/MC # _____

AMEX/DISC

Exp. Date _____ Signature _____

In consideration for acceptance of this entry, I waive any and all claims for my myself and my heirs against the Oswegoland Park District, or any of the employees, volunteers, sponsors, representatives, or agents of this organization, for any injury or illness which may directly or indirectly result from my participation in the Triathlon (250 yard swim, 6.5 mile bike ride, 2.1 mile run). I further state that I am in proper physical condition to participate in this event as of the date of the event, or I will not participate in such event, with this decision being my full responsibility. I also give permission for the free use of my name and picture in any broadcast, telecast, or other written account of the event.

SIGNATURE (triathlete or parent/legal guardian if under 18 years of age)

I Tried Wee-Play

Join us after the race for this non-competitive, strictly for fun event! Kids 4 - 7 are invited to join us for a special triathlon after their favorite triathletes finish. Kids will swim 12m, bike 200m, and run 81m to a fun finish in the park. Event is Free!


OSWEGOLAND
PARK DISTRICT
313 E Washington Street
Oswego IL 60543



Sunday, August 5
2012
8:00 A.M.



OSWEGOLAND
PARK DISTRICT

Professionally Timed by RACETIME

www.oswegolandparkdistrict.org